

William "Bill" A. Becker, 54 of Sheboygan died Sunday, December 1, 2019. Reinbold-Novak Funeral Home.

Mary Ann Behlow, 94 of Sheboygan Falls died Tuesday, December 3, 2019. Wenig Funeral Home.

Rocky L. Blindert, 61 of Sheboygan died Tuesday, November 26, 2019. Reinbold-Novak Funeral Home.

Richard J. "Dick" Brantmeier, 78 of Sheboygan died Friday, December 6, 2019. Witing Funeral Home.

Earl Brown, 70 of Sheboygan died Monday, December 9, 2019. Ballhorn Funeral Home.

Karen Brown, 65 of Sheboygan died Sunday, November 24, 2019. Reinbold-Novak Funeral Home.

Rose A. Buteyn, 68 of Sheboygan Falls died Friday, December 6, 2019. Ballhorn Funeral Home.

Linda F. Coulson, 73 of Sheboygan died Thursday, December 5, 2019. Ballhorn Funeral Home.

Michael J. Eggen, 61 of Sheboygan died Saturday, November 23, 2019. Reinbold-Novak Funeral Home.

Frederick "Fritz" Fibiger, 96 of Sheboygan died Sunday, December 1, 2019. Reinbold-Novak Funeral Home.

Dorothy Fink, 85 of Plymouth died Saturday, December 7, 2019. Suchon Funeral Home.

Robert "Bobby" Fisher, 84 of Plymouth died Thursday, December 5, 2019. Suchon Funeral Home.

Ann M. Gillingham, 81 of Sheboygan died Monday, December 2, 2019. Reinbold-Novak Funeral Home.

Paul Hane, 79 of Oostburg died Monday, December 2, 2019. Wenig Funeral Home.

Mae E. Harder, 93 of She-

boygan died Tuesday, December 3, 2019. Olson Funeral Home.

Gerald E. "Jerry" Hererres, 88 of Elkhart Lake died Thursday, November 28, 2019. Suchon Funeral Home.

Randolf C. Hunt, 61 of Sheboygan died Sunday, December 1, 2019. Ballhorn Funeral Home.

Richard "Dick" Karle, 81 of Sheboygan died Friday, November 29, 2019. Ballhorn Funeral Home.

Rosalie Ann Klingbeil, 63 of Sheboygan died Tuesday, December 3, 2019. Wenig Funeral Home.

Brian Koch, 17 of Sheboygan died Monday, December 2, 2019. Reinbold-Novak Funeral Home.

Vernetta S. Kohlmann, 90 of Sheboygan died Sunday, December 1, 2019. Olson Funeral Home.

Constance M. Kohn, 81 of Plymouth died Wednesday, November 27, 2019. Ballhorn Funeral Home.

Sherrie M. Laack, 62 of Elkhart Lake died Friday, December 6, 2019. Suchon Funeral Home.

Donald R. Lawrence, 73 of Sheboygan died Monday, December 2, 2019. Zimmer Westview Funeral Home.

Clark David Legener Sr., 70 of Oostburg died Tuesday, November 26, 2019. Wenig Funeral Home.

Delores J. Meinen, 89 of Cedar Grove died Monday, December 2, 2019. Eernisse Funeral Home.

Gerhard "Gerry" Pauly, 70 of Sheboygan died Monday, November 25, 2019. Zimmer Westview Funeral Home.

Kenneth A. Sabrowsky, 81 of Sheboygan died Friday, December 6, 2019. Zimmer Westview Funeral Home.

Joan Scheppmann, 91 of Kohler died Sunday, December 8, 2019. Wenig Funeral Home.

Gary Scribner, 69 of Sheboygan died Sunday, December 1, 2019. Reinbold-Novak Funeral Home.

Kathryn Faye Schilling, 96 of Sheboygan died Monday, December 9, 2019. Reinbold-Novak Funeral Home.

Janet Stromila, 75 of Sheboygan died Wednesday, November 27, 2019. Reinbold-Novak Funeral Home.

Michael J. Tevsh, 82 of Sheboygan Falls died Friday,

November 29, 2019. Reinbold-Novak Funeral Home.

William "Bill" Van Wyk, 90 of Sheboygan Falls died Friday, November 29, 2019. Wenig Funeral Home.

Donald A. Waage, 82 of Sheboygan Falls died Tuesday, December 3, 2019. Suchon Funeral Home.

Wayne F. Wedepohl, 71 of Sheboygan Falls died Thursday, November 28, 2019. Suchon Funeral Home.

Mary L. Weinhoff, 94 of Plymouth died Sunday, December 1, 2019. Suchon Funeral Home.

Darrell Widder, 73 of Sheboygan died Sunday, December 8, 2019. Reinbold-Novak Funeral Home.

Deanna J. Wield, 82 of Sheboygan Falls died Tuesday, November 26, 2019. Suchon Funeral Home.

Wanda L. Williams, 77 of Sheboygan died Thursday, December 5, 2019. Olson Funeral Home.

Gerraine Faye "Geri" Wiltgen, 90 of Sheboygan died Sunday, December 1, 2019. Olson Funeral Home.

Patricia Wolf, 91 of Sheboygan died Monday, December 9, 2019. Zimmer Westview Funeral Home.

Jay Yang, 61 of Sheboygan died Friday, November 29, 2019. Olson Funeral Home.

John Zehfus, 91 of Sheboygan died Saturday, November 30, 2019. Reinbold-Novak Funeral Home.

It's better to give than receive unless it's a gift from Meals on Wheels

— For some seniors, their kneejerk reaction when their adult children recommend Fresh Meals On Wheels is, "I don't need help, I can cook for myself," or "I don't need charity."

Even very competent, independent people need help sometimes.

Getting Fresh Meals On Wheels does not mean seniors have to give up their independence or control over their lives. It doesn't make them helpless or incompetent. It is an acknowledgement that as we age, we could all use a little help sometimes. Macular degeneration, arthritis, tremors, and limited mobility are just a few of the issues that make it difficult to shop for groceries or cook nutritious meals. Receiving Fresh Meals On Wheels is simply a way to make life easier for seniors — and their families.

Children worry about their parents.

These days many, if not most, adult children of seniors

work full-time and have kids or grandkids of their own. They worry about their parent's health and safety and feel responsible for ensuring their well-being. For them, Fresh Meals On Wheels can be an extra set of eyes and safety net. Every fresh, nutritious, home delivered meal comes with a daily wellness check. Even if they are not able to check in with their parents every day, they know that someone else is. If the parent is not feeling well, or is having some other issue, the adult children can be confident that Fresh Meals On Wheels will let them know.

Volunteers say delivering Fresh Meals On Wheels is very fulfilling.

Seniors often say they don't want volunteers to go out of their way to bring them meals. Volunteers are not only willing to bring meals to people; they really enjoy it! They often say they get more out of it than the clients. Having someone else worry about lunch, gives the

adult children of seniors who get Fresh Meals On Wheels more time to help in other ways, or to just spend time with their parents.

Most clients pay for their meals.

Many people assume that Fresh Meals On Wheels provides meals to anyone who asks at no cost. This is not true. We charge \$6.50 per day for a hot meal, and \$9.45 a day for both a hot meal and a cold meal. About 70 percent of our clients pay for their meals themselves. The other 30 percent get help from the Aging and Disability Resource Center, the Cancer Fund or the Fresh Meals On Wheels Love Account — resources that exist because everyone deserves to eat.

Since 1970, Fresh Meals On Wheels of Sheboygan County has been sending friendly, responsible volunteers out five days a week to deliver hot meals to homebound, elderly and disabled residents throughout Sheboygan County.

Available on in-restaurant gift card purchases for a limited time at participating locations.

\$5 FOR \$30

\$5 off your next visit with \$30 gift card purchase

Pizza Ranch

Double Points Day Wednesday December 18

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If You Aren't at Your Last Job . . . Why Is Your 401(k)?

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

To learn more, call today.

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